

MHADA Board Minutes
Cape May County
January 25, 2016

In Attendance:

Pat Devaney	Barry Keefe	Lynda Fraizer	Claire McArdle
Amy Dindak	Sharon Modzelewski	Donna Groome	Tonia Ahern
Greg Speed	Frank Garcia	Michael Kolakowski	
Sue Conrad	Bobbi Jo Taylor	Brian Neill	
Sueanne Agger	Renee Pettit	Katie Faldetta	

Call to Order

The meeting was called to order by Chairperson Barry Keefe at 5:00 PM.

Approval of Minutes

A motion to approve the minutes of the December meeting was made by Donna Groome and seconded by Frank Garcia. Motion carried.

Reports and Correspondence

Mental Health: Amy Dindak reported the following RFPs issued by DMHAS: 1) Procure consultation and training for contracted providers on issues relating to members of the lesbian, gay, bi-sexual, and transgendered communities who are receiving treatment in the DMHAS system of care. Total annualized funding is up to \$75,000 subject to state appropriation. This RFP has been rescinded. 2) Maintain a New Jersey Self-Help Clearinghouse including a toll-free help line and data base of self-help meetings. This involves \$89,000 annually. Proposals are due on 12/10/15 with notification of award on 1/19/16. 3) An Opioid Overdose Recovery Program to provide further linkage to ongoing substance abuse treatment for consumers being treated in hospital emergency departments for the reversal of opioid overdose. The intent of this service is to extend care beyond the immediate medical intervention and ensure for a better chance at long term recovery by providing linkage to ongoing supports. Total annualized funding in the amount of \$255,750 subject to available state appropriation. This is a collaborative effort between DMHAS, The Governor's Council on Alcohol & Drug Abuse, and the Department of Children and Family Services. Funding is available for two (2) years. Eva's Village in Passaic County was awarded the funds. 4) An Outpatient Treatment Services in Ocean County to strengthen the mental health care system and reduce existing barriers, such as long waits for outpatient, psychiatric, and Advance Practice Nurse (APN) services for those seeking mental health services in Ocean County. One award will be issued through this award in the amount of up to \$112,500 for the remainder of FY 16. Total annualized funding of up to \$300,000 will be available, subject to state appropriation. Proposals were due on 11/13/15 with notification of award on 12/31/15.

Addiction Services: Pat Devaney reported the County has received the letter of award for 2016 so contracts will be executed shortly. The continuation of the Vivitrol project is in the grant, a sober living allowance for first month's rent and security deposit to an accredited sober living facility is also included. Due to the loss of Sandy funds, the length of stay in the short term residential contracts will go back to 21 days. An arrangement will need to be worked out with Maryville and New Hope for the first shot of Vivitrol if the client wants it.

GCADA: Sharon Modzelewski reported 1) GCADA will complete a Comprehensive Statewide Alcoholism and Drug Abuse Master Plan this year. 2) Initiative HOPE, a partnership of DEA, HIDTA, and treatment facilities (Integrity House, New Hope, and Seabrook House) in New Jersey is requesting poetry or short stories about recovery from prescription drug or heroin abuse. Deadline is 2/28/16.

Old Business

Membership: Pat introduced Brian Neill who is interested in becoming a member of the Board. He wishes to attend several meetings before making that decision.

Heroin Issue Update: An update on the status of the ASAP/CURE volunteers called into the hospital for an overdose and/or alcohol intoxicated patient was given. Sueanne Agger said she has been called about 34 times so far and has been successful at getting about 20 people into treatment. The calls come in more frequently for alcohol than overdoses at this point. There is some more clarification of the HIPPA standard. The lack of beds presents a real dilemma when someone agrees to treatment and needs inpatient care. The Board discussed the Save a Life program in Camden County where methadone and IOP are offered to a person who has overdosed and is brought into the ER. The program has a very small participation rate which may be due to the stigma of methadone. The program will probably be expanded to include suboxone in the future. The pilot project in Middle Township that is somewhat modeled after the Gloucester, Mass. Program was discussed. The program would allow people who are seeking treatment to go to the Middle Township police station and ASAP volunteers would be called in to assist. Brian Neill raised the question of residency. More details of this pilot need to be worked out before it goes “live”.

Katie Faldetta spoke about the Prescription Drug Conference that was held 1/21/16 for educators. Over 100 people were present and the major presentations were on sexting, drug trends and technology dependence in young people. Cape Assist is also working on a new card to replace the former one used by Middle Township. There was some discussion about which agencies should be on the card. Tonia, Sueanne and Katie will follow up.

Pat Devaney spoke about the Heroin presentation that was given to a Leadership class of the CMC Chamber of Commerce on 1/20. Freeholder Gabor, the Prosecutor’s office, CCS, the EMTs from Middle, Parent to Parent and a recovering person were present. The session went well and educated the business community about NARCAN.

The next topic was the continuing sessions of NARCAN training. John Brooks is no longer providing the training but Urban Treatment Associates will now train the southern 8 counties. Pat is trying to get 3 trainings: Lower, Middle and Upper/Ocean. She is working with the Lighthouse Church for the first training. The classes will be limited to 25 people and the spray dispenser should be available for free. Tonia described the new epi-pen and how there is interest in getting presentations on that method of deploying NARCAN, however there will be a cost.

Plan Status: Pat reported the Cape May County plan is not approved, nor is any other county’s plan. However, the first year activity of the proposed plan is to assess the capacity of the system to provide medication assisted therapy. The passing of Dr. Manlandro, who was a leader in this field, leaves a void in capacity. A discussion ensued about how to measure capacity when doctors can be credentialed to prescribe Suboxone, but are not doing so.

Lynda Fraizer and Rene Pettit both asked about contributions in Dr. Manlandro’s name. Tonia and Sueanne will follow up with them.

New Business

PRIDE Survey: Katie Faldetta presented the results of the 2015 PRIDE Survey. The results included a comparison to the 2013 Survey. The survey was administered to 7th, 9th, 11th, and 12th grade students. Results indicated: 1) There was an increase in past 30 day usage for all substances (cigarettes, alcohol, marijuana and prescription drug misuse) and for every grade except 7th grade cigarette and alcohol use. 2) Students of 11th/12th grades reported marijuana use to be of the least risk when compared to cigarettes, e-cigarettes, alcohol, and

prescription drug misuse. 3) Students perceive the parents to be less disapproving of substance use as the students get older and the students perceive the parents to be the least disapproving of marijuana use in 9th, 11th, 12th grades when compared to tobacco, alcohol, and prescription drug misuse. 4) When comparing the four (4) substances (tobacco, alcohol, marijuana, prescription drugs not prescribed to the student), the students in 7th, 9th, and 11th grades report it is easiest to obtain alcohol and 12th graders report it is easiest to obtain marijuana. It was noted that drug/alcohol student surveys in New Jersey schools require active consent from parents for students to participate. Members discussed ideas for obtaining consent.

Site Review Results: The Board reviewed the summary of the site visit report completed by Ellen Taner during 2015. All agencies with any deficiencies have submitted a plan of correction.

CASS Minutes and FY 2017 Plan: 1) The Renewal Plan includes all previously approved programmatic and fiscal changes. Any changes to last year's plan are processed through the ongoing (year round) budget modification process and are not processed through the plan documents. The plan includes one new form, the *Technical Assistance and Improvement Plan Review*. 2) Distributed budget modification requests from Dennis Township and Lower Cape Municipal Alliances. A motion to approve the plan and the budget modifications was made by Frank Garcia and seconded by Lynda Fraizer. Motion carried.

Joanas: Pat reported on the past weekend storm and the response of OEM to open a shelter in Woodbine due to power loss. No DRCCs were dispatched. The Board discussed the extent of the damage to the shore communities and the uniqueness of the impact of this storm on Cape May County.

Public response

Katie Faldetta distributed flyers for the *Jazz and Jambalaya* event on February 9th to support the fight against addiction. The event is sponsored by the Messiah Lutheran Church and Cape Assist.

Sue Conrad distributed flyers for the *Light for Life, an Interfaith Candlelight Service of Hope and Healing* on February 14th (Valentine's Day). Leaders of many faith traditions will come together to bring hope to those who silently struggle with issues of mental health or addiction and to those who mourn the loss of loved ones to suicide or addiction.

Renee Petite announced a Community Day will be held on April 9th in Dennis Township. The event is co-sponsored by the Dennis Township PTA, Dennis Township NJEA PRIDE Committee and the Municipal Alliance. The Community Day will include fun family activities, a color run, and information tables about community resources. Agencies are invited to set-up information tables at the event.

Adjournment

Chairperson Barry Keefe adjourned the meeting at 6:45pm.